

	 <b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	 <b>THURSDAY</b>	<b>FRIDAY</b>
<b>WEEK 1</b>	Spaghetti Vegetable Bolognese 1.1g	Turkey Pie 1	Minced Beef & Yorkshire Pudding 1.7g	Chicken Curry	Fish Fingers 1.8
<b>1st November</b>	Shepherdess Pie 3.1g	Cheese, Tomato & Herb Penne 1.7 v	Bean & Sweet Potato Parcel 1.1g	Cheese & Broccoli Penne 1.7 v	Vegan Burger in a Bun 1.4, 5.1g
<b>29th November</b>	Jacket Potatoes with a Choice of Toppings 7.8, 9	Jacket Potatoes with a Choice of Toppings 7.8, 9	Jacket Potatoes with a Choice of Toppings 7.8, 9	Jacket Potatoes with a Choice of Toppings 7.8, 9	Jacket Potatoes with a Choice of Toppings 7.8, 9
<b>10th January</b>	Sweetcorn	New Potatoes	Mashed Potatoes	Rice	Chips, Baked Beans
<b>7th February</b>	Peppers	Seasonal Vegetables	Broccoli	Sliced Carrots	Peas, Cucumber Sticks
<b>14th March</b>	Fruit Pots or Yoghurt 7	Cheese & Biscuits or Fruit Pots	Diced Swede	Green Beans	Sunshine Bar 1.6, 15, 16
			Fruit Pots or Yoghurt 7	Cheese & Biscuits or Fruit Pots	Fruit Pots
					Yoghurt 7
<b>WEEK 2</b>	Macaroni Cheese 1.7 v	Homemade Sausage Roll 1.6	Roast Chicken & Gravy	Mild Mexican Mince 4	Salmon Risotto 8
<b>8th November</b>	Rice & Bean Burrito with Baked Wedges 1.1g	Vegan Sausage Roll 1.1g	Vegetable Fingers 1.1g	Cheese & Broccoli Twists 1.7 v	Margherita Pizza 1.3, 7.9 v
<b>6th December</b>	Jacket Potatoes with a Choice of Toppings 7.8, 9	Jacket Potatoes with a Choice of Toppings 7.8, 9	Jacket Potatoes with a Choice of Toppings 7.8, 9	Jacket Potatoes with a Choice of Toppings 7.8, 9	Jacket Potatoes with a Choice of Toppings 7.8, 9
<b>17th January</b>	Seasonal Vegetables	Mashed Potato	Rustic Roast Potatoes or Jollof Rice	Rice	Chips, Baked Beans
<b>21st February</b>	Fruit Pots or Yoghurt 7	Cabbage	Broccoli, Sweetcorn	Cauliflower	Peas, Coleslaw 9
<b>21st March</b>		Baked Beans	Fruit Pots or Yoghurt 7	Carrots	Fruity Flapjack 1.15
		Cheese & Biscuits or Fruit Pots		Cheese & Biscuits or Fruit Pots	Fruit Pots
					Yoghurt 7
<b>WEEK 3</b>	Loaded Flatbread 1.7 v	Beef Stew & Dumpling 1	Roast Turkey & Gravy	Chicken Pie 1	Fish Fingers 1.8
<b>15th November</b>	Cauliflower & Chick Pea Curry & Rice 1g	Cheese & Tomato Pasta Bake 1.7 v	Vegetable Wellington 1.1g	Tomato & Sweetcorn Penne 1.1g	Cheese & Onion Pinwheel 1.7 v
<b>13th December</b>	Jacket Potatoes with a Choice of Toppings 7.8, 9	Jacket Potatoes with a Choice of Toppings 7.8, 9	Jacket Potatoes with a Choice of Toppings 7.8, 9	Jacket Potatoes with a Choice of Toppings 7.8, 9	Jacket Potatoes with a Choice of Toppings 7.8, 9
<b>24th January</b>	Baked Wedges	Broccoli	Rustic Roast Potatoes or Jollof Rice	New Potatoes	Chips, Baked Beans
<b>28th February</b>	Seasonal Vegetables	Diced Swede	Diced Carrots, Cabbage	Sweetcorn	Peas, Carrot Sticks
<b>28th March</b>	Fruit Pots or Yoghurt 7	Cheese & Biscuits or Fruit Pots	Fruit Pots or Yoghurt 7	Cauliflower	Oaty Biscuit 1.15
				Cheese & Biscuits or Fruit Pots	Fruit Pots
					Yoghurt 7
<b>WEEK 4</b>	Margherita Pizza 1.3, 7.9 v	Cottage Pie	Roast Chicken & Gravy	Penne Bolognese 1	Chicken Bites 1.7
<b>22nd November</b>	Tofu Biryani 3.1g	Tomato Bows 1.1g	Vegan Mince Puff 1.3.1g	Cheesy Cajun Wedges 4.7 v	Bruschetta 1.7 v
<b>3rd January</b>	Jacket Potatoes with a Choice of Toppings 7.8, 9	Jacket Potatoes with a Choice of Toppings 7.8, 9	Jacket Potatoes with a Choice of Toppings 7.8, 9	Jacket Potatoes with a Choice of Toppings 7.8, 9	Jacket Potatoes with a Choice of Toppings 7.8, 9
<b>31st January</b>	New Potatoes	Cauliflower	Rustic Roast Potatoes or Jollof Rice	Seasonal Vegetables	Chips, Baked Beans
<b>7th March</b>	Sweetcorn	Peas	Broccoli, Sliced Carrots	Cheese & Biscuits or Fruit Pots	Peas, Coleslaw 9
	Peppers	Cheese & Biscuits or Fruit Pots	Fruit Pots or Yoghurt 7		Ginger Cookie 1.15
	Fruit Pots or Yoghurt 7				Fruit Pots
					Yoghurt 7

Dishes marked with any of the following numbers contain the matching allergen:

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten

**Key:**  
Vg Vegan  
V Vegetarian

**Available Daily:** Selection of Salads 9, Homemade Bread 1, 3, 7, 9.  
Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

**Allergen Accreditation**

Remember... Reception, Year 1 and 2 are entitled to free school meals. This excludes independent schools.

